

**CHOIR OPEN REHEARSAL**  
 on Saturday 29 March 2025 at 2.30pm  
 in the Chatterton Hall at the Church of the Ascension  
 please ring 0121 705 6496 *See more below*

**Monday Club**  
 31st March Armchair Exercises  
*All are welcome*



Food and Sundries  
 needed

**URGENTLY NEEDED FOOD ITEMS**

- UHT / POWDERED MILK
- SQUASH/DILUTING JUICE
- TINNED FRUIT
- TINNED VEGETABLES (PEAS, CARROTS, ETC.)
- PULSES (KIDNEY BEANS, CHICK PEAS, ETC.)
- MEAT SOUP (CHICKEN, OXTAIL, ETC.)
- TINNED FISH
- COFFEE
- TINNED TOMATOES/PASTA SAUCE
- SPONGE PUDDINGS
- INSTANT MASH

*Plastic carrier bags*

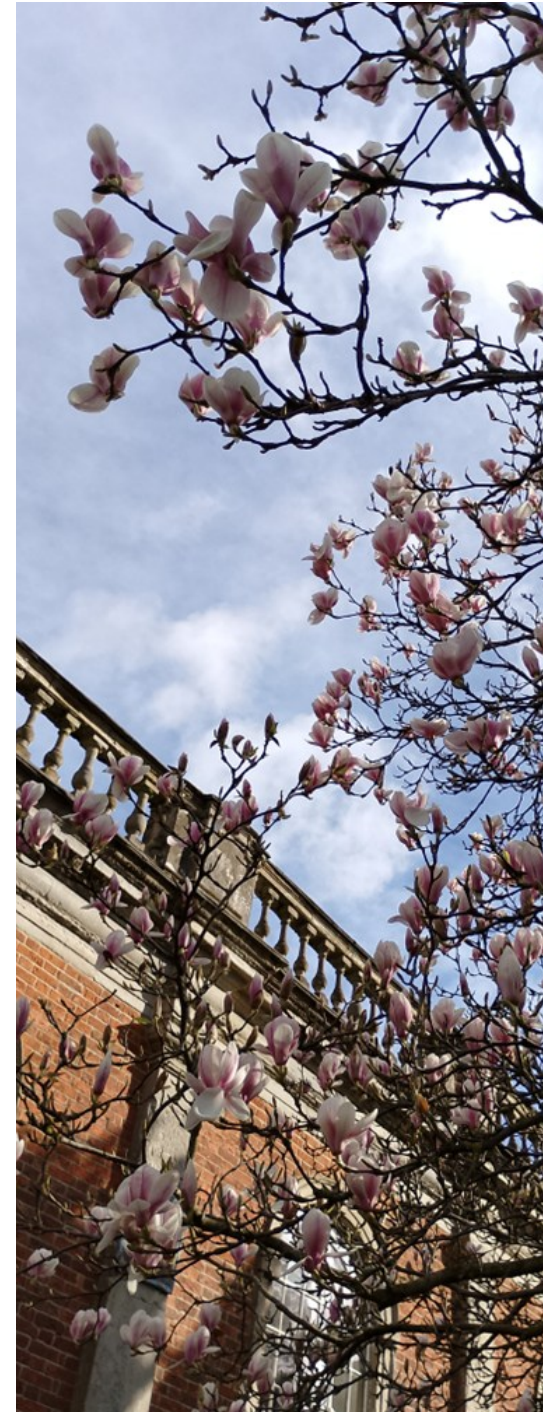
We do not require any more

- PASTA
- RICE
- TEA
- CEREAL/PORRIDGE OATS
- BAKED BEANS
- VEGETABLE SOUP
- TOILET ROLLS
- SANITARY TOWELS/ADULT INCONTINENCE PADS

at the moment.

With thanks, Jon Meadows 07590 927284  
 foodbank@ascensionhallgreen.uk

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**Electoral Roll**

This year, the Electoral Roll is dissolved, so re-application for all is needed.  
 The preparation of the new roll will take place between Sun 20th April- Sat.

3rd May

The forms will be available at the back of church, and via the link below.

[https://parishresources.org.uk/wp-content/uploads/  
 Form\\_1\\_Application\\_for\\_enrolment\\_church\\_electoral\\_roll.pdf](https://parishresources.org.uk/wp-content/uploads/Form_1_Application_for_enrolment_church_electoral_roll.pdf)

Please return forms to the vicar